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Woodlore Course Kit List

What you need to bring with you

Your equipment needs for Woodlore courses are minimal, please do not go out and spend your hard earned savings on expensive kit. Your understanding will almost certainly change after you have completed the course. Learn to carry less by knowing more.

- **SUITABLE OUTDOOR CLOTHING**
- **SLEEPING BAG**
- **LIGHTWEIGHT TENT OR SIMILAR SHELTER**
- **INSULATING SLEEPING MAT**
- **KNIFE, FORK, SPOON, MUG, BOWL AND PLATE**
- **WATER BOTTLE (1-1.5 LITRE MINERAL BOTTLE WILL SUFFICE)**
- **TORCH WITH FRESH BATTERIES & 2 SPARE SETS**
- **WASH KIT & LARGE TOWEL**
- **PERSONAL TOILETRIES/MEDICATION**
- **10 M STRONG NYLON CORD – parachute cord from outdoor shops ideal (For the Fundamental Bushcraft Courses and Journeyman Courses only)**
- **SWIMMING COSTUME – Journeyman and Ardèche courses only**
- **SUNSCREEN**
- **LIPSALVE**
- **GOOD INSECT REPELLANT**
- **SMALL FIRST AID KIT (plasters, bandages, headache pills, etc.)**
- **NOTEBOOK & SOFT LEAD PENCIL**
- **BLANKET FOR SITTING AROUND CAMPFIRE IN THE EVENINGS**
- **SPARE CHANGE OF CLOTHES**
- **SMALL DAY-SACK**

Outdoor clothing – this should be sturdy and comfortable, comprised of several layers to allow maximum versatility. An old tracksuit, several pullovers and a waterproof jacket will suffice. Jeans are not suitable, being cold, restrictive and slow drying. Mute, natural colours

will increase your chances of observing wildlife closely. An old pair of trainers are ideal for dry conditions, and wellies or hiking boots for wet weather.

N.B Those attending self catering courses need to bring the following extra items:

**FOOD
STOVE & FUEL**

Those attending the Woodsense, Tracking & Nature Awareness Course will also need to bring the following items:

**RETRACTABLE TAPE MEASURE
10X HAND LENS
BINOCULARS (NOT ESSENTIAL)**

N.B All students participating in Bushcraft activities will be given a carbon steel training knife and loaned a folding saw.

PLEASE NOTE: axes must not be used at any time unless the individual has permission from the instructor leading the course.